



COLLEGE OF EDUCATION

PLAN OF STUDY - Class B Level
 Department of Kinesiology
Exercise Science (Non-Certification)

Name: _____ S#: _____ Date: _____

Address: _____ Phone: _____

Email: _____ Advisor: Janis Bigelow Email: jbigelo1@aum.edu

University Core – The core GPA must be 2.00 or higher (+ indicates core courses)

COURSE	SEM HRS	GRADE	SEM/TERM	NOTES
Written Composition - 2 courses required				
+ENGL 1010/ENGL 1017 (WI)	3			
+ENGL 1020/ENGL 1027 (WI)	3			
Humanities and Fine Art - 4 courses required				
<i>Literature Elective (One course minimum; must take a two course sequence in literature or history) ENGL 2530, ENGL 2540, ENGL 2570, ENGL 2580, ENGL 2600, ENGL 2610</i>				
+	3			
+	3			
<i>Fine Arts Elective - One or two courses - VISU 1000, VISU 2030, VISU 2040, MUSI 2110, or THEA 2040</i>				
+	3			
+	3			
+COMM 1010/COMM	3			
Natural Sciences and Mathematics - 3 courses required				
+BIOL 1010/1011 Principles of Biology I	3/1			
+CHEM 1100/1101 General Chemistry I	3/1			
+ MATH 1120 Pre-Calculus Algebra	3			
History, Social and Behavioral Sciences - 4 courses required				
<i>History (One course minimum; must take a two course sequence in history or literature)</i>				
+	3			
+	3			
<i>Electives - 2 or 3 courses required (Choose from ANTH 2110, ECON 2000, ECON 2010, ECON 2020, GEOG 2050, GEOG 2150, HIST 1010, HIST 1020, HIST 1060, HIST 1070, HIST 2010, HIST 2020, POLS 2020, PSYC 2110, SOCI 2000)</i>				
+	3			
+	3			
+	3			

Additional Required Courses:

+UNIV 1000 (required of all entering students with less than 24 earned credit hrs and transfer students with a GPA of 2.2 or lower; take within the first academic year)	3			
PHED 2203 Wellness	3			

Check Point: Two course sequence satisfied in (Circle One) A. Literature B. History

NOTES: -All students at AUM must complete 5 Writing Intensive courses before graduation. These courses will be identified in the class schedule as WI classes and the COE has indicated on your Program Plan of Study the required WI courses for this degree plan.

-On page 2, the semesters indicated by each physical education course are tentative and the Department Head has the right to make changes if necessary due to class enrollment.

COURSE	HRS	GRADE	SEM/TERM	NOTES
Required Courses (check catalog for pre-requisites)				
BIOL 2000 General Nutrition	3			
BIOL 2100/2101 Anatomy & Physiology I (Pre-req. BIOL1010/1011)	3/1			
BIOL 2110/2111 Anatomy & Physiology II (Pre-req. BIOL 2100)	3/1			
CSCI 1000 Survey of Computer Applications	3			
Physical Education (39 semester hours) (check catalog for pre-requisites)				
Select two activity courses	2			
	2			
HEALTH & FITNESS TEST - First (Required Before PHED 4003 or PHED 4043):				
PHED 2010 Foundations of Health & Physical Education (Fall) (WI)	4			
PHED 4003 Physiology of Exercise (Fall & Summer)	3			
PHED 4010 Cardiac Rehab (Spring)	3			
PHED 4043 Kinesiology (Spring)	3			
PHED 4044 Biomechanics (Spring)	3			
PHED 4153 Exercise Prescription (spring)	3			
PHED 4193 Measurement & Evaluation in Exercise Science (Spring)	3			
PHED 4250 Nutrition for the Physically Active (Fall) (WI)	4			
PHED 4363 Emergency Medical Care (Fall & Spring) (2 nd Half)a	3			
PHED 4383 Fundamentals of Athletic Training (Fall)	3			
PHED 4230 Scientific Basis of Exercise (Spring)	3			
HEALTH & FITNESS TEST - Second (Required Before Interning):				
Internship - Must be Admitted to the Internship				
PHED 4922 Internship in Exercise Science - see P.E. Dept for Requirements	9			
Advisor Approved Electives (28 hours) (check catalog for pre-requisites)				
BIOL 1020/1021 Principles of Biology II	3/1			
CHEM 1200/1201 General Chemistry II	3/1			
MATH 2670 Elem. Statistics	3			
PHED 4944 Professional Leadership OR PHED 4972 Problems and Issues (Dr. Olson's Approval)	3			
PHED 4160 Adapted Physical Education (Fall) (WI) or other approved WI courses. See list of approved WI courses.	4			
<i>Select one of the following (4 hours)</i>				
PHYS 2100/2101 General Physics I (Pre-req MATH 1610 Cal I)	3/1			
PSCI 1100/1101 Introduction to Physical Science	3/1			
<i>Approved Electives (6 hours) examples: Kinesiology Courses: 4270 Sociology of Sport, 4310 Ethics in Sport WI, 4380 Sport Leadership, 4800 Psychology of Coaching. Possible courses in Science (i.e. Epidemiology), Psychology, and/or Sociology course(s). Note: Pre-Physical Therapy courses may be applied</i>				
	3			
	3			
For Physical Therapy Track Students: NOT Required to Graduate (General Studies requirements may vary between PT Schools. Check with the school(s) to which you are applying)				
PHYS 2100/2101 General Physics I	3/1			
PHYS 2200/2201 General Physics II	3/1			
<i>Additional Social Science courses are required (9 hours)</i>				
PSYC 2110 General Introduction to Psychology	3			
PSYC 3780 Developmental Psychology	3			
<i>Additional upper level Psychology or Sociology</i>				
	3			
<i>Two additional upper level Mathematics courses required (check catalog for pre-requisites)</i>				
	3			
	3			

*A minimum of 120 semester hours and an overall GPA of at least 2.5 are required for graduation.